



Rifkin Chiropractic and Wellness Center

Providing comprehensive health care since 1982

Perfect Posture Points

Dr. Robert Rifkin
Chiropractor

Fellow of:
Acupuncture Society
of America

Society of Medical
Acupuncture

Member of:
American Chiroprac-
tic Association

Maryland
Chiropractic
Association

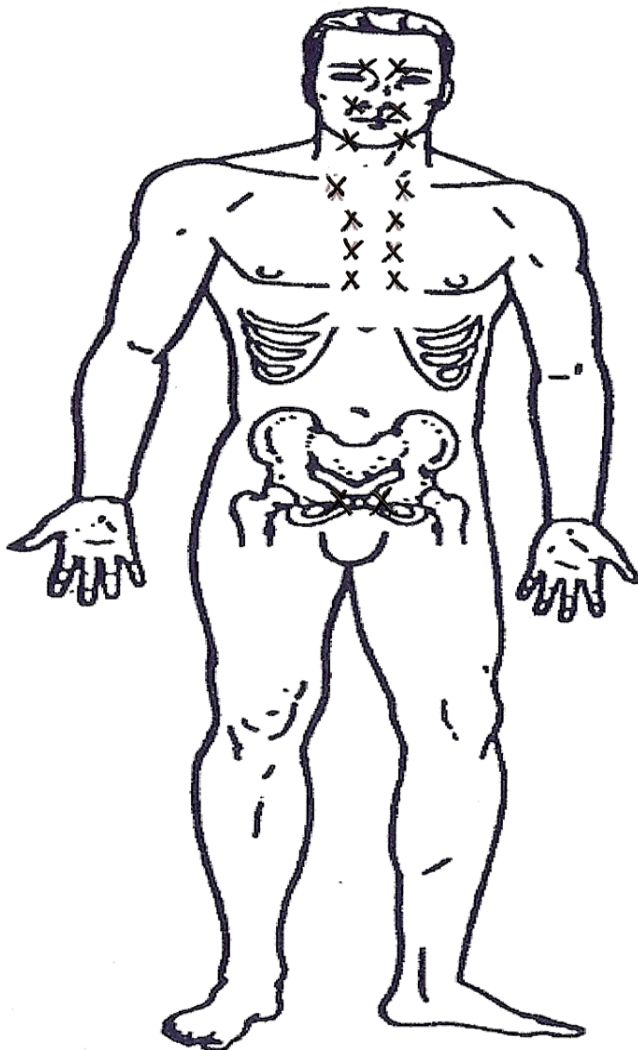
Diplomat:
National Board of
Chiropractic
Examiners

Dr. Lindsay Decker
Chiropractor

Diplomat:
National Board of
Chiropractic
Examiners

Ling Lu
Acupuncture

Lydia Weber
Massage



**LIFT UPWARD
AND TAP THE
POINTS POSTERI-
OR. JUST PUSH/
THRUST ON THE
FACE AND NECK..**

PLUS:

- ◆ **BALANCE**
- ◆ **STRENGTHEN**
- ◆ **STRETCH**
- ◆ **AEROBICS**
- ◆ **DIET**
- ◆ **ERGONOMICS**

6101 Executive Boulevard Suite 280

• Rockville, MD. 20852

• (301)231-0050 www.heal-naturally.com

We specialize in natural treatments including:

- Chiropractic
- Active Release
- Exercise Rehab
- Massage
- Physical Therapy
- Supplements / Herbs
- Acupuncture
- Nutritional Counseling